

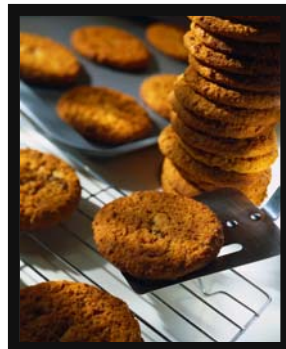


Give It Up... and Gain More!

*Give something up this Lent,
and then donate the money saved to
the Society of St. Vincent de Paul to
help the poor and needy!*



*Giving Up of a glass of wine
or a bag of candies can be
life-changing for a child,
a senior, a family or even
a whole community!*



Give It Up... and Gain More!

Give and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. Luke 6:36-38

Lent is a time for prayer, fasting, and almsgiving. It is a season of grief that necessarily ends with the great celebration of Easter, the resurrection of Christ.

Lent is a time when many of us choose to give something up as a reflection of our faith. This Lent, *GIVE UP* something significant and meaningful to you, and *GIVE* to the poor to show your love to God.



Everyday, our neighbors in crisis face financial hardship and need assistance. Your charity and love will lead to Easter joy for thousands of the poor and needy served by the Society of St. Vincent de Paul. Your giving will help seniors keep their electricity on to survive the summer heat, provide children who are not in school with free meals, and help families stay in their homes and prevent them from becoming homeless.



There is still time to give up and make a difference!

Please help the Society of St. Vincent de Paul fight against poverty, hunger and homelessness.

www.svdphouston.org

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