



EXTEND YOURSELF WITH  
**ARMS WIDE OPEN**

BECOME A

**VOLUNTEER**

*Rebuilding lives after the  
Storm*  
Serving our Neighbors in Need



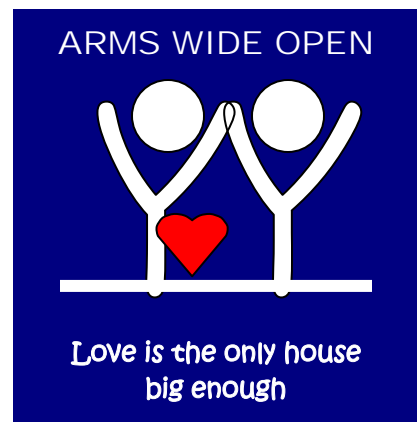
Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**I would like to commit myself to the following volunteer opportunity:**

- \_\_\_\_\_ Help victims with filling out forms for assistance
- \_\_\_\_\_ Make Home Visits to people in need
- \_\_\_\_\_ Sort and distribute clothing and household donations
- \_\_\_\_\_ Assist in assembling food packages for families
- \_\_\_\_\_ Assemble furniture for shelters and new homes
- \_\_\_\_\_ Assist in clean up efforts
- \_\_\_\_\_ Provide a pick up for truck relief efforts
- \_\_\_\_\_ Provide transportation for doctor appointments
- \_\_\_\_\_ Assist in after school programs for the children
- \_\_\_\_\_ Assist elderly or homebound with housecleaning
- \_\_\_\_\_ Deliver groceries and other items to people in need
- \_\_\_\_\_ Cook hot meals on site
- \_\_\_\_\_ Assist in Career Development for job searches
- \_\_\_\_\_ Give one hour to visiting the Blessed Sacrament -  
Praying for the hurricane victims and those serving them



**“...it is the innate movement of the heart that  
inspires every human being to help his fellow man.  
It is a law of existence. A volunteer experiences a  
joy that goes far beyond what he has done when he  
succeeds in giving himself freely to others.”**

**-Pope John Paul II**

**The Society of St. Vincent de Paul**  
Archdiocesan Council of Galveston-Houston

For volunteer opportunities  
or service projects  
please contact:

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